



Fact Sheet: Ventilating Tubes (Grommets)

- Pain following this surgery is usually minimal.
 - One or two doses of paracetamol may be required
- You may be prescribed ear drops to use post operatively. These should be used for 3 to 5 days unless advised differently. Rarely these can sting or cause discomfort when placed – if worried please contact me.
- Keep the ears dry until your first post operative review. You can use cotton-wool dipped in Vaseline in each ear when having a bath or shower.
- Avoid swimming until your surgeon has advised
- When swimming re-starts, avoid diving to more than 1 metre depth.
- If ear discharge occurs, please contact the rooms
- A follow up appointment is typically arranged for 6 weeks after surgery. Typically a hearing test will be arranged prior.
- If there are any other concerns, please contact the rooms.